



MYPLUS  
UNIVERSITIES'  
CLUB

BE DISABILITY CONFIDENT  
ON CAMPUS

*My*PLUS<sup>+</sup>  
UNIVERSITIES'  
CLUB

 [myplusstudentsclub.com](https://myplusstudentsclub.com)

# MyPlus Universities' Club



University careers services have a vital role to play in ensuring that disabled graduates have the tools they need to realise their potential and gain employment in roles that fit in with their career plan.

– Lord Shinkwin

# Introduction

**Our vision is to ensure that having a disability or long-term health condition doesn't prevent anyone from having the career that they want to have.**

In line with the Office for Students' approach into improving equality of opportunity at university and beyond for disabled students, we are pleased to re-launch My Plus Universities' Club (MPUC) for 2021. It has never been more important to provide support and guidance to students with disabilities in a challenging job market and economic climate. MPUC is a membership forum aimed at progressing disability confidence within Careers and Employability teams and which will support them to enable disabled students to realise their career potential.

14% of students in UK universities have a disability or long-term health condition. Like their non-disabled counterparts, they choose to go to University for a variety of reasons, including to pursue a particular career or to enable them to get a better job than they would otherwise have done. However, it remains considerably harder for them to find employment upon graduating than for their non-disabled counterparts; and research shows that disabled graduates at all qualification levels are less likely to have obtained full-time employment than non-disabled graduates.

The OfS has set out its approach to access and participation in order to improve equality of opportunity for underrepresented groups to "access, succeed and progress" from HE, and the latest AGCAS research calls for more action to "remove barriers preventing disabled graduates from accessing and thriving in fulfilling careers."

In order to address this issue, careers advisers and employability teams, student support staff and academic staff with a wider employability remit, must all understand the specific challenges facing disabled students as they transition from education to employment, and be in a position to support them with accurate information, resources and advice.

MyPlus are well-positioned to provide knowledge, confidence and expertise based on our extensive experience of working with disability confident employers through **MyPlus Recruiters' Club** and by our engagement with disabled students via our **MyPlus Students' Club** which provides useful careers resources to disabled students.



## Membership

MPUC aims to upskill all staff advising disabled students on recruitment by providing:

- Complimentary places at staff training events
- Complimentary places at the annual MyPlus Reception and Disability Progress Awards event.
- Complimentary places at MyPlus Recruiters' Club events
- 4 x complimentary coaching sessions for staff to support them with their disability strategy
- Reduced cost for student digital training packs covering the 'how to' of job attainment with a disability
- Reduced consulting fees for bespoke training and development of staff
- Reduced fees for the design and delivery of a bespoke webinar for your institution

## MyPlus Universities' Club Membership Package

### Disability training programme for HE staff

Membership of MPUC delivers a comprehensive training programme for university staff designed to embed understanding of the main issues facing students with disabilities transitioning into employment.

Our specialist, interactive training events are an integral part of how we support careers and employability teams, student services and academic staff, to understand the challenges facing disabled students regarding employment and build disability confidence in your institution.

By building knowledge and skills across the 5 pillars of disability confidence, our training events will enable you to confidently coach and mentor students towards successfully achieving their career goals and provide a more robust and more inclusive experience for students at your institution.

Our webinars provide delegates with plenty of opportunity to ask questions and discuss the key issues. The format also enables delegates to learn from others working in this challenging space.



For the first time in 20 years of my career I heard the voice of someone who spoke about disability without any inhibitions... It has been a truly enriching experience.

— Parm Sahota, Kings College London



### Training webinars

To find out more about what is on offer in 2021, refer to our Events Page.

### Digital training packages for your students

We have created 4 fully supported digital training packs, designed to be used by staff to coach students on the knowledge and skills they need when applying for a job, internship or placement with a disability. Each interactive training package will equip you with up to date information and the resources to build the confidence and skills of disabled students to address the unique challenges they face as they successfully transition from education into employment.

- Disclosure: How to disclose a disability and benefits of doing so
- Identifying strengths: Using a disability to stand out from the crowd
- Accessing support & adjustments during the recruitment process
- Applying with a disability: accounting for differences in your application

Each digital training pack includes:

- A Train the Trainer guide & notes
- A video introduction to the training
- A power point deck of slides

## Webinar training programme for students

We can run the digital training sessions for students on your behalf as 1-hour webinars on the following subjects. Please refer to the cost page at the end of this brochure for details.

- Disclosure: How to disclose a disability and benefits of doing so
- Identifying Strengths: Using a disability to stand out from the crowd
- Accessing support & adjustments during the recruitment process
- Applying with a disability: Accounting for differences in your application
- Ace the recruitment process with a disability: everything you need to succeed



## Access to My Plus Recruiters' Club events

Founded in 2010, the MyPlus Recruiters' Club is a membership forum for graduate recruiters to gain and share insights, build greater disability confidence and realise the possibilities of opening up graduate recruitment to students with disabilities.

Our calendar of informative and interactive training events enables members to learn about key issues, share best practice and network with others facing similar challenges. Joining us at our Recruiters' Club events will provide another opportunity to build your knowledge regarding disability and employment as well as the opportunity to meet and hear from disability confident employers.

To find out more about these events, visit: [myplusconsulting.com/about-recruiters](https://myplusconsulting.com/about-recruiters)

## Coaching sessions for Careers Advisers: Planning your strategy

Universities' Club members benefit from 4 x 30-minute telephone coaching sessions with the Universities Partnership Manager at MyPlus. The coaching is designed to ensure that members get the most from the UC membership, are confident to use the MyPlus Students' Club resources with their students and are knowledgeable to embed a disability confident careers culture at their institution.

Sessions could include:

- Getting the most out of your membership: What is on offer at MyPlus
- Pillars of Disability Confidence: Identifying the areas for knowledge and skill development
- Planning your disability game plan: What are your goals and objectives for the next 12 months
- Engagement with disabled students: How can you improve messaging and signposting of resource



## Invitation to the MyPlus Annual Reception

The MyPlus Annual Reception is a highlight of the MyPlus calendar. It provides an opportunity for our members to hear the latest from across the business and enables delegates to build their understanding and knowledge about disability and student employment.

It also provides you with an opportunity to network with other members, employers and individuals associated with disability over drinks and canapés.

The diversity of attendees, including university staff, employers, students, disability practitioners and government brings a real richness to the discussions that take place.

# Events

## Universities' Club Events Calendar

<b>WEBINAR</b>	24th February 2021 10.00am – 11.00am	<b>Disability confidence: student employment in practice</b>	A webinar hosted by MyPlus
<b>WEBINAR</b>	5th May 2021 10.00am – 11.00am	<b>Knowledge is power: Sharing best practice to build disability confident careers services</b>	A webinar hosted by MyPlus
<b>ANNUAL RECEPTION</b>	19th May 2021 4.00pm – 5.00pm	<b>An afternoon of the latest and greatest from MyPlus</b>	
<b>WEBINAR</b>	6th July 2021 10.00am – 11.00am	<b>Encouraging openness: why disclosure is important</b>	A webinar hosted by MyPlus
<b>WEBINAR</b>	8th September 2021 10.00am – 11.00am	<b>Supporting your neurodiverse students as they transition into employment</b>	A webinar hosted by MyPlus
<b>WEBINAR</b>	30th November 2021 10.00am – 11.00am	<b>How to support disabled students to be job ready</b>	A webinar hosted by MyPlus

## Recruiters' Club Events Calendar

<b>WORKSHOP</b>	26th January 2021 10.00am – 11.15am	<b>Accelerating disability progress: An introduction to attraction &amp; recruitment</b>	
<b>BREAKFAST SEMINAR</b>	18th March 2021 10.00am – 11.15am	<b>Real experiences: Fulfilling the potential of all employees</b>	
<b>WEBINAR</b>	22nd April 2021 10.00am – 11.00am	<b>Mentally healthy recruitment: What does it mean and what does it look like?</b>	A webinar hosted by MyPlus
<b>ANNUAL EVENT</b>	19TH May 2021 4.00pm – 5.00pm	<b>An afternoon of the latest and greatest from MyPlus</b>	
<b>WORKSHOP</b>	8th June 2021 10.00am – 11.15am	<b>Think differently: The impact of remote working on neurodiversity employment</b>	
<b>WEBINAR</b>	15th July 2021 10.00am – 11.00am	<b>Getting comfy with disability: 5 areas to accelerate progress engaging with this talent pool</b>	A webinar hosted by MyPlus
<b>DISABILITY CAFÉ</b>	16th September 2021 10.00am – 12.00pm	<b>Mind the Future: Supporting the transition of students with mental ill health into the workplace</b>	
<b>WORKSHOP</b>	4th November 2021 10.00am – 11.15am	<b>Being reasonable: An overview of recruitment and workplace adjustments</b>	
<b>BREAKFAST SEMINAR</b>	7th December 2021 10.00am – 11.15am	<b>TStudent experiences/Living with disability: Shedding light on how to engage with students with disabilities</b>	

# MyPlus Universities' Club Costs

<b>Annual Membership Bundle - £1,995 + VAT</b>	<b>Non-members: Items individually priced</b>
5 complimentary places at each of the 5 MPUC webinars in 2021 Additional places: £50 each	MPUC Webinars: £95 per place
2 complimentary places at the MyPlus Annual Reception and Disability Progress Awards Additional places: £175 each	MyPlus Annual Reception and Disability Progress Awards: £350 per place:
2 complimentary places at each of the 8 MyPlus Recruiters' Club training events in 2021 Additional workshop places: £50 each	MyPlus Recruiters' Club RC events: £95 per place
4 x 45 minute telephone coaching sessions per year for Careers Advisers	4 x 45 minute telephone coaching sessions per year for Careers Advisers: £1,200



<b>Optional extras for members</b>	
Discounted digital Training packs for students: £250 per pack	Digital Training packs for students: £350 per pack
<ul style="list-style-type: none"> <li>• How to disclose a disability</li> <li>• Identifying strengths: using a disability to stand out from the crowd</li> <li>• Accessing support &amp; adjustments during the recruitment process</li> <li>• Applying with a disability: accounting for differences in your application</li> </ul>	<ul style="list-style-type: none"> <li>• How to disclose a disability</li> <li>• Identifying strengths: using a disability to stand out from the crowd</li> <li>• Accessing support &amp; adjustments during the recruitment process</li> <li>• Applying with a disability: accounting for differences in your application</li> </ul>
Each pack comes with a video, train the trainer guide and notes and a slide deck and once purchased is yours to keep.	Each pack comes with a video, train the trainer guide and notes and a slide deck and once purchased is yours to keep.

# MyPlus Universities' Club Costs (cont)

Optional extras for members (Continued)	
<p><b>Discounted webinars for students</b></p> <p>We can run the following webinars for your students in order to equip them with the specialist information that they will need to apply for a job.</p> <ul style="list-style-type: none"> <li>• How to disclose a disability</li> <li>• Identifying strengths: using a disability to stand out from the crowd</li> <li>• Accessing support &amp; adjustments during the recruitment process</li> <li>• Applying with a disability: accounting for differences in your application</li> <li>• Ace the recruitment process with a disability: everything you need to succeed</li> </ul> <p>The cost of delivery is £250 + VAT for MyPlus Universities' Club members.</p> <p>These webinars will not be recorded for future use and are available for up to 150 attendees.</p> <p>If 3 webinars are booked upfront in any 12 month period, a 10% discount will be applied; if 5 webinars are booked upfront in any 12 month period a 15% discount will be applied.</p>	<p><b>Webinars for students</b></p> <p>We can run the following webinars for your students in order to equip them with the specialist information that they will need to apply for a job.</p> <ul style="list-style-type: none"> <li>• How to disclose a disability</li> <li>• Identifying strengths: using a disability to stand out from the crowd</li> <li>• Accessing support &amp; adjustments during the recruitment process</li> <li>• Applying with a disability: accounting for differences in your application</li> <li>• Ace the recruitment process with a disability: everything you need to succeed</li> </ul> <p>The cost of delivery is £295 + VAT for non members.</p> <p>These webinars will not be recorded for future use and are available for up to 150 attendees.</p> <p>If 3 webinars are booked upfront in any 12 month period, a 10% discount will be applied; if 5 webinars are booked upfront in any 12 month period a 15% discount will be applied.</p>
<p><b>Discounted MyPlus Consulting day rate for bespoke training and development of staff, and disability confident programmes.</b></p> <p>£1,200 per day + VAT</p>	<p><b>MyPlus Consulting day rate for bespoke training and development of staff, and disability confident programmes.</b></p> <p>£1,400 per day + VAT</p>

## MyPlus

MyPlus are one of the UK's leading authorities in disability and graduate recruitment. Established in 2006 we have worked with, and continue to work with, a variety of organisations including Barclays, EY, Hogan Lovells, the Bank of England and Teach First. In addition, MyPlus works with students through their insights days and through the MyPlus Students' Club website which provides specialist advice and resources to disabled students to enable them to successfully navigate the recruitment process.

MyPlus was founded, and continues to be lead, by Helen Cooke - an HR professional, disability consultant, trainer and speaker.

Recognised nationally as a leading expert in disability and graduate recruitment, Helen's unique approach stems largely from her wide-ranging experience, drawing on her commercial background, her HR expertise, as well as first-hand experience of disability. Helen uses a wheelchair as a result of a childhood spinal injury, and she uses her personal experiences to bring the subject alive and to help people to really understand the key issues.

MyPlus is...

- My determination to overcome the barriers in front of me
- My capacity to prove myself to everyone I work with
- My desire today to help individuals and organisations realise new possibilities
- What makes me who I am
- Why all employers should open up to people with a disability.



I don't believe I am any more special than anyone else.  
But I do believe my disability has given me something extra.

– Helen Cooke; MyPlus founder



Helen's experience as a graduate, an employer and a consultant gives her a unique insight into the issues faced by students with disabilities, educators and employers. Her work has always been solutions focused, helping drive industry change and improving outcomes for students.

– Stephen Isherwood; C.E.O Institute of Student Employers